



**Samedi 3 mai 2025 A MAISONS-ALFORT**

rue du 11 novembre 1918 94700 MAISONS-ALFORT

## Championnats Interclubs Elite/N1/N2 - Poule C - Horaires prévisionnels

| 13 H 00 |   |                       | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |         |        |          |        |       | Annexe | Annexe  | Annexe  |
|---------|---|-----------------------|-----------------------------------------------------|---------|--------|----------|--------|-------|--------|---------|---------|
|         |   |                       | CONCOURS                                            | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| COURSES |   |                       | 13 H 30                                             |         |        | F        |        |       | M      |         |         |
| 14 H 00 | M | 5000 MAR              | 14 H 00                                             | M       |        |          | M      |       |        |         | M       |
| 14 H 45 | F | 3000 MAR              | 14 H 30                                             |         | F      |          |        |       |        |         |         |
| 15 H 15 | M | 400 HAIES (3 finales) | 14 H 50                                             |         |        |          |        |       |        |         |         |
| 15 H 35 | F | 400 HAIES (3 finales) | 15 H 10                                             |         |        |          |        | F     |        |         |         |
| 15 H 50 | M | 400 (3 finales)       | 15 H 30                                             |         |        |          |        |       | F      |         |         |
| 16 H 05 | F | 400 (3 finales)       |                                                     |         |        |          |        |       |        |         |         |
| 16 H 20 | M | 800 (1 finale)        | 16 H 20                                             |         |        |          |        |       |        |         | F       |
| 16 H 30 | F | 800 (1 finale)        | 16 H 40                                             | F       |        | M        |        |       |        |         |         |
| 16 H 45 | M | 200 (3 finales)       |                                                     |         |        |          |        |       |        |         |         |
| 17 H 00 | F | 200 (3 finales)       | 17 H 10                                             |         |        |          | F      |       |        |         |         |
| 17 H 15 | M | 1500 (1 finale)       |                                                     |         |        |          |        |       |        |         |         |
| 17 H 30 | F | 1500 (1 finale)       | 17 H 30                                             |         | M      |          |        |       |        | M       |         |
| 17 H 45 | M | 110 HAIES (3 finales) | 17 H 55                                             |         |        |          |        | M     |        |         |         |
| 18 H 05 | F | 100 HAIES (3 finales) | 18 H 00                                             |         |        |          |        |       |        |         |         |
| 18 H 20 | M | 100 (3 finales)       | 18 H 25                                             |         |        |          |        |       |        |         |         |
| 18 H 35 | F | 100 (3 finales)       |                                                     |         |        |          |        |       |        |         |         |
| 18 H 55 | M | 3000 ST               | 18 H 55                                             |         |        |          |        |       |        | F       |         |
| 19 H 15 | F | 3000                  | 19 H 30                                             |         |        |          |        |       |        |         |         |
| 19 H 35 | M | 3000                  |                                                     |         |        |          |        |       |        |         |         |
| 20 H 10 | F | 4x100 (2 finales)     |                                                     |         |        |          |        |       |        |         |         |
| 20 H 10 | M | 4x100 (2 finales)     |                                                     |         |        |          |        |       |        |         |         |
| 20 H 25 | F | 4x400 (2 finales)     |                                                     |         |        |          |        |       |        |         |         |
| 20 H 35 | M | 4x400 (2 finales)     |                                                     |         |        |          |        |       |        |         |         |

7 équipes - 6 couloirs

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**Samedi 3 mai 2025 à MANTES-LA-JOLIE**  
Stade JP David, Avenue Albert Camus, 78200 Mantes-La-Jolie

**Championnats Interclubs Lifa - PromoN2C - HORAIRES PREVISIONNELS**

| 13 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        |       | Annexe | Annexe  |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
|         |                                                     |                       | 13 H 30  |         |        |          |        |       |        | M       |         |
| 14 H 00 | M                                                   | 5000 MAR              | 14 H 00  |         |        |          |        | F     |        |         |         |
| 14 H 45 | F                                                   | 3000 MAR              | 14 H 30  | M       |        |          | M      |       |        |         |         |
| 15 H 20 | M                                                   | 400 HAIES (2 finales) | 14 H 50  |         | F      | F        |        |       |        |         |         |
| 15 H 40 | F                                                   | 400 HAIES (2 finales) | 15 H 10  |         |        |          |        |       |        | F       |         |
| 15 H 55 | M                                                   | 400 (3 finales)       | 15 H 30  |         |        |          |        |       |        |         |         |
| 16 H 10 | F                                                   | 400 (3 finales)       | 15 H 50  |         |        |          |        |       |        |         |         |
| 16 H 25 | M                                                   | 800 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 16 H 40 | F                                                   | 800 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 16 H 55 | M                                                   | 200 (3 finales)       |          |         |        |          |        |       |        |         |         |
| 17 H 10 | F                                                   | 200 (3 finales)       | 16 H 35  | F       |        |          |        | M     |        |         |         |
| 17 H 25 | M                                                   | 1500 (1 finale)       | 16 H 50  |         |        |          | F      |       |        |         | F       |
| 17 H 40 | F                                                   | 1500 (1 finale)       | 17 H 00  |         |        | M        |        |       | M      |         |         |
| 17 H 55 | M                                                   | 110 HAIES (2 finales) | 17 H 20  |         |        |          |        |       |        |         |         |
| 18 H 15 | F                                                   | 100 HAIES (2 finales) | 17 H 30  |         | M      |          |        |       |        |         |         |
| 18 H 30 | M                                                   | 100 (2 finales)       | 17 H 55  |         |        |          |        |       |        |         |         |
| 18 H 45 | F                                                   | 100 (2 finales)       | 18 H 00  |         |        |          |        |       |        |         |         |
| 19 H 05 | M                                                   | 3000 ST               | 18 H 25  |         |        |          |        |       |        |         | M       |
| 19 H 25 | F                                                   | 3000                  | 18 H 40  |         |        |          |        |       | F      |         |         |
| 19 H 45 | M                                                   | 3000                  | 19 H 30  |         |        |          |        |       |        |         |         |
| 20 H 15 | M                                                   | 4x100 (2 finales)     | 19 H 45  |         |        |          |        |       |        |         |         |
| 20 H 25 | F                                                   | 4x100 (2 finales)     | 20 H 05  |         |        |          |        |       |        |         |         |
| 20 H 40 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 20 H 50 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |

(9équipes - 8 couloirs) v1 - 27/03/2025

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# NOISY-LE-GRAND SAMEDI 3 MAI 2025

Stade Alain Mimoun, 20 rue Vauban, 93160 Noisy-le-Grand

## Championnats Interclubs Lifa - PromoN2D

| 13 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        |       |        | Annexe  |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 14 H 00 | M                                                   | 5000 MAR              | 14H00    |         |        | F        |        |       |        | M       |         |
| 14 H 45 | F                                                   | 3000 MAR              | 14H45    |         | F      |          |        |       |        |         |         |
| 15 H 20 | M                                                   | 400 HAIES (3 finales) |          |         |        |          |        |       |        |         |         |
| 15 H 40 | F                                                   | 400 HAIES (3 finales) | 15H35    |         |        |          |        |       | M      |         |         |
| 15 H 55 | M                                                   | 400 (3 finales)       | 15H50    | M       |        | M        |        |       |        | F       |         |
| 16 H 10 | F                                                   | 400 (3 finales)       | 16H00    |         |        |          |        |       |        |         |         |
| 16 H 25 | M                                                   | 800 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 16 H 40 | F                                                   | 800 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 16 H 55 | M                                                   | 200 (3 finales)       | 16H50    |         |        |          |        | M     |        |         |         |
| 17 H 10 | F                                                   | 200 (3 finales)       | 17H05    |         |        |          |        |       |        |         | F       |
| 17 H 25 | M                                                   | 1500                  |          |         |        |          |        |       |        |         |         |
| 17 H 40 | F                                                   | 1500                  | 17H35    |         | M      |          | F      |       | F      |         |         |
| 17 H 55 | M                                                   | 110 HAIES (3 finales) |          |         |        |          |        |       |        |         |         |
| 18 H 15 | F                                                   | 100 HAIES (3 finales) | 18H00    | F       |        |          |        |       |        |         |         |
| 18 H 30 | M                                                   | 100 (3 finales)       | 18H25    |         |        |          |        | F     |        |         |         |
| 18 H 45 | F                                                   | 100 (3 finales)       | 18H45    |         |        |          |        |       |        |         | M       |
| 19 H 05 | M                                                   | 3000 ST               | 19H00    |         |        |          | M      |       |        |         |         |
| 19 H 25 | F                                                   | 3000                  | 19H20    |         |        |          |        |       |        |         |         |
| 19 H 45 | M                                                   | 3000                  |          |         |        |          |        |       |        |         |         |
| 20 H 15 | M                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 20 H 25 | F                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 20 H 40 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 20 H 50 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |



# DIMANCHE 4 MAI 2025 à NOISY LE GRAND

Stade Alain Mimoun, 20 rue Vauban, 93160 Noisy-le-Grand

## Championnats Interclubs Elite/N1/N2 - Poule A - Horaires prévisionnels

| 10 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        |       |        | Annexe  |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 11 H 00 | M                                                   | 5000 MAR              | 11 H 00  |         |        |          |        |       | M      | F       |         |
| 11 H 50 | F                                                   | 3000 MAR              | 11 H 50  |         | F      |          |        |       |        |         |         |
| 12 H 20 | M                                                   | 400 HAIES (2 finales) | 12 H 15  |         |        |          |        |       |        |         |         |
| 12 H 35 | F                                                   | 400 HAIES (2 finales) | 12 H 50  | M       |        | M        |        |       | F      |         |         |
| 12 H 45 | M                                                   | 400 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 13 H 00 | F                                                   | 400 (2 finales)       | 13 H 00  |         |        |          | F      |       |        |         |         |
| 13 H 15 | M                                                   | 800 (1 finale)        | 13 H 20  |         |        |          |        |       |        |         |         |
| 13 H 20 | F                                                   | 800 (1 finale)        | 13 H 35  |         |        |          |        |       |        | M       |         |
| 13 H 40 | M                                                   | 200 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 13 H 50 | F                                                   | 200 (2 finales)       | 14 H 05  |         |        |          |        |       |        |         |         |
| 14 H 10 | M                                                   | 1500                  | 14 H 30  |         | M      |          |        | F     |        |         | M       |
| 14 H 20 | F                                                   | 1500                  | 14 H 45  |         |        | F        |        |       |        |         |         |
| 14 H 40 | M                                                   | 110 HAIES (2 finales) |          |         |        |          |        |       |        |         |         |
| 14 H 55 | F                                                   | 100 HAIES (2 finales) | 15 H 00  | F       |        |          | M      |       |        |         |         |
| 15 H 15 | M                                                   | 100 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 15 H 25 | F                                                   | 100 (2 finales)       |          |         |        |          |        |       |        |         |         |
| 15 H 45 | M                                                   | 3000 ST               | 15 H 40  |         |        |          |        |       |        |         |         |
| 16 H 10 | F                                                   | 3000                  | 15 H 50  |         |        |          |        | M     |        |         | F       |
| 16 H 30 | M                                                   | 3000                  |          |         |        |          |        |       |        |         |         |
| 17 H 00 | F                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 17 H 10 | M                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 17 H 25 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 17 H 35 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |



# DIMANCHE 4 MAI 2025 à FONTAINEBLEAU

Stade Philippe MAHUT, Route de l'Ermitage, 77300 FONTAINEBLEAU

## Championnats Interclubs Elite/N1/N2 - Poule B - Horaires prévisionnels

| 10 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        | Annexe | Annexe |         |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|--------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids  | Disque | Marteau | Javelot |
| 11 H 00 | M                                                   | 5000 MAR              | 11 H 00  |         |        | F        |        |        |        | M       | M       |
|         |                                                     |                       | 11 H 30  | F       |        |          |        |        |        |         |         |
| 11 H 50 | F                                                   | 3000 MAR              | 11 H 50  |         | F      |          |        |        |        |         |         |
| 12 H 20 | M                                                   | 400 HAIES (2 finales) | 12 H 10  |         |        |          |        | F      |        |         |         |
| 12 H 35 | F                                                   | 400 HAIES (2 finales) | 12 H 35  |         |        |          |        |        |        |         |         |
| 12 H 45 | M                                                   | 400 (2 finales)       | 12 H 50  |         |        | M        |        |        |        | F       |         |
| 13 H 00 | F                                                   | 400 (2 finales)       | 13 H 00  |         |        |          |        |        |        |         |         |
| 13 H 15 | M                                                   | 800 (1 finale)        | 13 H 20  |         |        |          |        |        |        |         | F       |
| 13 H 20 | F                                                   | 800 (1 finale)        | 13 H 40  |         |        |          |        |        |        |         |         |
| 13 H 40 | M                                                   | 200 (2 finales)       | 13 H 50  |         |        |          |        |        |        |         |         |
| 13 H 50 | F                                                   | 200 (2 finales)       | 14 H 10  |         |        |          |        |        |        |         |         |
| 14 H 10 | M                                                   | 1500 (1 finale)       | 14 H 20  |         |        |          | M      |        |        |         |         |
| 14 H 20 | F                                                   | 1500 (1 finale)       | 14 H 30  |         | M      |          |        |        | M      |         |         |
| 14 H 40 | M                                                   | 110 HAIES (2 finales) | 14 H 55  |         |        |          |        | M      |        |         |         |
| 14 H 55 | F                                                   | 100 HAIES (2 finales) | 15 H 10  | M       |        |          |        |        |        |         |         |
| 15 H 15 | M                                                   | 100 (2 finales)       | 15 H 25  |         |        |          |        |        |        |         |         |
| 15 H 25 | F                                                   | 100 (2 finales)       | 15 H 45  |         |        |          |        |        |        |         |         |
| 15 H 45 | M                                                   | 3000 ST               | 16 H 00  |         |        |          | F      |        |        |         |         |
| 16 H 10 | F                                                   | 3000                  | 16 H 10  |         |        |          |        |        | F      |         |         |
| 16 H 30 | M                                                   | 3000                  |          |         |        |          |        |        |        |         |         |
| 17 H 00 | M                                                   | 4x100 (2 finales)     |          |         |        |          |        |        |        |         |         |
| 17 H 10 | F                                                   | 4x100 (2 finales)     |          |         |        |          |        |        |        |         |         |
| 17 H 25 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |        |        |         |         |
| 17 H 35 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |        |        |         |         |



# Dimanche 4 MAI 2025 à LA NORVILLE

Complexe Sportif Louis Babin, 24 Route de la Ferté Alais, 91290 La Norville

## Championnats Interclubs Lifa - PromoN2A - HORAIRES PREVISIONNELS

| 10 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        |       |        |         |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
|         |                                                     |                       | 10 H 30  | M       |        |          |        |       |        |         |         |
| 11 H 00 | M                                                   | 5000 MAR              | 11 H 00  |         |        | F        |        |       |        | M       |         |
|         |                                                     |                       | 11 H 20  |         |        |          |        |       |        |         |         |
| 11 H 50 | F                                                   | 3000 MAR              | 11 H 40  |         | F      |          |        |       |        |         | M       |
| 12 H 15 | M                                                   | 400 HAIES (3 finales) | 12 H 10  |         |        |          |        | F     |        |         |         |
| 12 H 35 | F                                                   | 400 HAIES (3 finales) | 12 H 25  |         |        |          |        |       |        |         |         |
| 12 H 50 | M                                                   | 400 (4 finales)       | 12 H 45  |         |        | M        |        |       |        | F       |         |
| 13 H 05 | F                                                   | 400 (4 finales)       | 13 H 05  |         |        |          |        |       |        |         |         |
| 13 H 20 | M                                                   | 800 (2 finales)       | 13 H 20  |         |        |          |        |       |        |         |         |
| 13 H 35 | F                                                   | 800 (2 finales)       | 13 H 30  |         |        |          |        |       |        |         |         |
| 13 H 50 | M                                                   | 200 (4 finales)       |          |         |        |          |        |       |        |         |         |
| 14 H 05 | F                                                   | 200 (4 finales)       | 13 H 50  | F       |        |          |        |       |        |         |         |
| 14 H 20 | M                                                   | 1500 (2 finales)      |          |         |        |          |        |       |        |         |         |
| 14 H 35 | F                                                   | 1500 (2 finales)      | 14 H 30  |         | M      |          |        | M     |        |         |         |
| 14 H 50 | M                                                   | 110 HAIES (4 finales) | 14 H 35  |         |        |          |        |       | M      |         |         |
| 15 H 10 | F                                                   | 100 HAIES (4 finales) | 14 H 45  |         |        |          | M      |       |        |         |         |
| 15 H 25 | M                                                   | 100 (4 finales)       | 15 H 05  |         |        |          |        |       |        |         | F       |
| 15 H 40 | F                                                   | 100 (4 finales)       | 15 H 25  |         |        |          |        |       |        |         |         |
| 16 H 00 | M                                                   | 3000 ST               | 15 H 40  |         |        |          |        |       |        |         |         |
| 16 H 20 | F                                                   | 3000                  | 15 H 50  |         |        |          |        |       |        |         |         |
| 16 H 40 | M                                                   | 3000                  | 16 H 15  |         |        |          |        |       |        |         |         |
| 17 H 15 | M                                                   | 4x100 (2 finales)     | 16 H 25  |         |        |          | F      |       | F      |         |         |
| 17 H 30 | F                                                   | 4x100 (2 finales)     | 16 H 45  |         |        |          |        |       |        |         |         |
| 17 H 45 | M                                                   | 4x400 (2 finales)     | 17 H 50  |         |        |          |        |       |        |         |         |
| 18 H 00 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |

9 équipes - 6 couloirs (v1 du 27/03/2025)

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# DIMANCHE 4 MAI 2025 à JOINVILLE

Stade Jean-Pierre Garchery, 12 rue des Canadiens 75012 PARIS

## Championnats Interclubs Lifa - PromoN2B - HORAIRES PREVISIONNELS

| 9 H 00  | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        | Annexe | Annexe  | Annexe | Annexe  |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|--------|---------|--------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids  | Javelot | Disque | Marteau |
|         |                                                     |                       | 9 H 30   |         |        |          |        | M      |         | F      |         |
| 11 H 00 | M                                                   | 5000 MAR              | 11 H 00  |         |        | F        |        | F      |         | M      |         |
| 11 H 50 | F                                                   | 3000 MAR              | 11 H 50  |         | F      |          |        |        |         |        |         |
| 12 H 20 | M                                                   | 400 HAIES (3 finales) | 12 H 30  |         |        |          |        |        |         |        | M       |
| 12 H 40 | F                                                   | 400 HAIES (3 finales) |          |         |        |          |        |        |         |        |         |
| 12 H 55 | M                                                   | 400 (3 finales)       | 12 H 50  | M       |        | M        |        |        |         |        |         |
| 13 H 10 | F                                                   | 400 (3 finales)       | 13 H 05  |         |        |          |        |        |         |        |         |
| 13 H 25 | M                                                   | 800 (2 finales)       | 13 H 15  |         |        |          |        |        |         |        |         |
| 13 H 40 | F                                                   | 800 (2 finales)       | 13 H 35  |         |        |          |        |        |         |        |         |
| 13 H 55 | M                                                   | 200 (3 finales)       | 14 H 00  |         |        |          |        |        |         |        | F       |
| 14 H 10 | F                                                   | 200 (3 finales)       |          |         |        |          |        |        |         |        |         |
| 14 H 25 | M                                                   | 1500                  |          |         |        |          |        |        |         |        |         |
| 14 H 40 | F                                                   | 1500                  | 14 H 30  |         | M      |          |        |        |         |        |         |
| 14 H 55 | M                                                   | 110 HAIES (3 finales) | 14 H 45  |         |        |          |        |        |         |        |         |
| 15 H 15 | F                                                   | 100 HAIES (3 finales) | 15 H 05  | F       |        |          | M      |        |         |        |         |
| 15 H 30 | M                                                   | 100 (3 finales)       | 15 H 15  |         |        |          |        |        |         |        |         |
| 15 H 45 | F                                                   | 100 (3 finales)       | 15 H 30  |         |        |          |        |        | M       |        |         |
| 16 H 05 | M                                                   | 3000 ST               | 16 H 00  |         |        |          |        |        |         |        |         |
| 16 H 25 | F                                                   | 3000                  | 16 H 20  |         |        |          | F      |        |         |        |         |
| 16 H 45 | M                                                   | 3000                  | 16 H 45  |         |        |          |        |        |         |        |         |
| 17 H 25 | F                                                   | 4x100 (2 finales)     | 17 H 00  |         |        |          |        |        | F       |        |         |
| 17 H 35 | M                                                   | 4x100 (2 finales)     |          |         |        |          |        |        |         |        |         |
| 17 H 50 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |        |         |        |         |
| 18 H 00 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |        |         |        |         |

(9 équipes - 8 couloirs) v1 du 27/03/2025



# DIMANCHE 4 MAI 2025 à L'Isle Adam

Stade Philippe Grante, Avenue Paul Thoureau, 95290 L'Isle-Adam

## Championnats Interclubs Lifa - Régionale

| 10 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. |                       |          |         |        |          |        |       |        |         |         |
|---------|-----------------------------------------------------|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES |                                                     |                       | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
|         |                                                     |                       | 10 H 30  |         |        |          |        |       |        | M       |         |
| 11 H 00 | M                                                   | 5000 MAR              | 11 H 00  |         |        |          |        | F     |        |         |         |
| 11 H 50 | F                                                   | 3000 MAR              | 11 H 30  | M       | F      |          | M      |       |        |         |         |
| 12 H 20 | M                                                   | 400 HAIES (3 finales) | 11 H 50  |         |        | F        |        |       |        |         |         |
| 12 H 40 | F                                                   | 400 HAIES (3 finales) | 12 H 10  |         |        |          |        |       |        | F       |         |
| 12 H 55 | M                                                   | 400 (3 finales)       | 12 H 30  |         |        |          |        |       |        |         |         |
| 13 H 10 | F                                                   | 400 (3 finales)       | 12 H 50  |         |        |          |        |       |        |         |         |
| 13 H 25 | M                                                   | 800 (1 finale)        |          |         |        |          |        |       |        |         |         |
| 13 H 40 | F                                                   | 800 (1 finale)        | 13 H 35  | F       |        |          |        | M     |        |         |         |
| 13 H 55 | M                                                   | 200 (3 finales)       | 13 H 50  |         |        |          | F      |       |        |         | F       |
| 14 H 10 | F                                                   | 200 (3 finales)       | 14 H 00  |         | M      | M        |        |       | M      |         |         |
| 14 H 25 | M                                                   | 1500 (1 finale)       |          |         |        |          |        |       |        |         |         |
| 14 H 40 | F                                                   | 1500 (1 finale)       |          |         |        |          |        |       |        |         |         |
| 14 H 55 | M                                                   | 110 HAIES (3 finales) |          |         |        |          |        |       |        |         |         |
| 15 H 15 | F                                                   | 100 HAIES (3 finales) |          |         |        |          |        |       |        |         |         |
| 15 H 30 | M                                                   | 100 (3 finales)       | 15 H 25  |         |        |          |        |       |        |         | M       |
| 15 H 45 | F                                                   | 100 (3 finales)       | 15 H 40  |         |        |          |        |       | F      |         |         |
| 16 H 05 | M                                                   | 3000 ST               |          |         |        |          |        |       |        |         |         |
| 16 H 25 | F                                                   | 3000                  |          |         |        |          |        |       |        |         |         |
| 16 H 45 | M                                                   | 3000                  |          |         |        |          |        |       |        |         |         |
| 17 H 25 | F                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 17 H 35 | M                                                   | 4x100 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 17 H 50 | F                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |
| 18 H 00 | M                                                   | 4x400 (2 finales)     |          |         |        |          |        |       |        |         |         |

(9 équipes - 6 couloirs) v1 - 27/03/2025