



NOISY-LE-GRAND SAMEDI 2 MAI 2026

Stade Alain Mimoun, 20 rue Vauban, 93160 Noisy-le-Grand

Championnats Interclubs Lifa - Nationale 3 - Poule A

| 13 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | Annexe | |
|---------|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 14 H 00 | M | 5000 MAR | 14 H 00 | | | F | | | | M | |
| 14 H 45 | F | 3000 MAR | 14 H 45 | | M | | | | | | |
| 15 H 20 | M | 400 HAIES (3 finales) | | | | | | | | | |
| 15 H 40 | F | 400 HAIES (3 finales) | 15 H35 | | | | | | M | | |
| 15 H 55 | M | 400 (3 finales) | 15H50 | F | | M | | | | F | |
| 16 H 10 | F | 400 (3 finales) | 16H00 | | | | | | | | |
| 16 H 25 | M | 800 (2 finales) | | | | | | | | | |
| 16 H 40 | F | 800 (2 finales) | | | | | | | | | |
| 16 H 55 | M | 200 (3 finales) | 16H50 | | | | | M | | | |
| 17 H 10 | F | 200 (3 finales) | 17H05 | | | | | | | | F |
| 17 H 25 | M | 1500 | | | | | | | | | |
| 17 H 40 | F | 1500 | 17H35 | | F | | F | | F | | |
| 17 H 55 | M | 110 HAIES (106cm) | | | | | | | | | |
| | M | 110 HAIES (99 cm) | 18H00 | | | | | | | | |
| | M | 110 HAIES (91 cm) | 18H25 | | | | | F | | | |
| 18 H 30 | F | 100 HAIES (84 cm) | 18H45 | M | | | | | | | M |
| | F | 100 HAIES (76 cm) | 19H00 | | | | M | | | | |
| 18 H 55 | M | 100 (3 finales) | 19H20 | | | | | | | | |
| 19 H 05 | F | 100 (3 finales) | | | | | | | | | |
| 19 H 25 | M | 3000 ST | | | | | | | | | |
| 19 H 45 | F | 3000 | | | | | | | | | |
| 20 H 05 | M | 3000 | | | | | | | | | |
| 20 H 35 | F | 4x100 (2 finales) | | | | | | | | | |
| 20 H 45 | M | 4x100 (2 finales) | | | | | | | | | |
| 21 H 00 | X | 4x400 (2 finales) | | | | | | | | | |



SAMEDI 2 MAI 2026 à SAVIGNY SUR ORGE

Stade Jean Moulin, 33 Avenue de l'Armée Leclerc, 91600 SAVIGNY SUR ORGE

Championnats Interclubs Lifa - Nationale 4 - Poule A

Les épreuves de Marteaux seront délocalisées dans un stade

à Palaiseau - Stade Collet, 43 Rue Georges Sand, 91120 PALAISEAU

| | | | | | | | | | | Palaiseau Marteau | | |
|---------|---|----------------------|----------|---------|--------|----------|--------|-------|--------|----------------------|---------|--|
| 10 H 00 | | | | | | | | | | | M | |
| 11 H 40 | | | | | | | | | | | F | |
| 13 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | | Javelot | |
| 14 H 00 | M | 5000 MAR | 14 H 00 | | | F | | M | | | | |
| 14 H 45 | F | 3000 MAR | 14 H 30 | | M | | | | F | | | |
| 15 H 20 | M | 400 HAIES (3 séries) | 15 H 20 | | | | | | | | | |
| 15 H 40 | F | 400 HAIES (3 séries) | 15 H 30 | F | | | M | | | | M | |
| 15 H 55 | M | 400 (3 séries) | 15 H 50 | | | | | | | | | |
| 16 H 10 | F | 400 (3 séries) | 16 H 15 | | | | | | | | | |
| 16 H 25 | M | 800 (2 séries) | | | | | | | | | | |
| 16 H 40 | F | 800 (2 séries) | 16 H 35 | | | | | | | | | |
| 16 H 55 | M | 200 (3 séries) | 16 H 45 | | | M | | | | | | |
| 17 H 10 | F | 200 (3 séries) | 17 H 10 | | | | | F | | | | |
| 17 H 25 | M | 1500 | 17 H 20 | | | | | | | | | |
| 17 H 40 | F | 1500 | 17 H 30 | | F | | | | M | | | |
| 17 H 55 | M | 110 HAIES (106cm) | 17 H 45 | | | | | | | | | |
| 18 H 10 | M | 110 HAIES (99 cm) | 18 H 05 | | | | F | | | | | |
| 18 H 20 | M | 110 HAIES (91 cm) | 18 H 20 | | | | | | | | | |
| 18 H 30 | F | 100 HAIES (84 cm) | 18 H 45 | M | | | | | | | F | |
| 18 H 40 | F | 100 HAIES (76 cm) | 19 H 00 | | | | | | | | | |
| 18 H 55 | M | 100 (3 séries) | 19 H 30 | | | | | | | | | |
| 19 H 05 | F | 100 (3 séries) | | | | | | | | | | |
| 19 H 25 | M | 3000 ST | | | | | | | | | | |
| 19 H 45 | F | 3000 | | | | | | | | | | |
| 20 H 05 | M | 3000 | | | | | | | | | | |
| 20 H 35 | F | 4x100 (2 séries) | | | | | | | | | | |
| 20 H 45 | M | 4x100 (2 séries) | | | | | | | | | | |
| 21 H 00 | X | 4x400 (2 séries) | | | | | | | | | | |



Samedi 2 mai 2026 à ANTONY

Stade Georges Suant, 165 Avenue F.Molé, 92160 Antony

Championnats Interclubs Lifa - Nationale 4 - Poule B

Epreuves de Marteaux délocalisées au Parc des Sports de la Croix de Berny

10 Avenue Raymond Aron, 92160 Antony

| | | | | | | | | | | Berny | | |
|---------|---|----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|--|
| | | | | | | | | | | Marteau | | |
| | | | | | | | | | | M | | |
| | | | | | | | | | | F | | |
| 10 H 00 | | | | | | | | | | | | |
| 11 H 40 | | | | | | | | | | | | |
| 13 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | | Javelot | |
| 14 H 00 | M | 5000 MAR | 14 H 00 | | | F | | | M | | | |
| 14 H 45 | F | 3000 MAR | 14 H 45 | | M | | | | | | | |
| 15 H 20 | M | 400 HAIES (3 séries) | | | | | | | | | | |
| 15 H 40 | F | 400 HAIES (3 séries) | 15 H 35 | F | | | | | | | | |
| 15 H 55 | M | 400 (3 séries) | 15 H 50 | | | M | | | | | | |
| 16 H 10 | F | 400 (3 séries) | 16 H 00 | | | | | | F | | | |
| 16 H 25 | M | 800 (2 séries) | | | | | | | | | | |
| 16 H 40 | F | 800 (2 séries) | | | | | | | | | | |
| 16 H 55 | M | 200 (3 séries) | | | | | | | | | | |
| 17 H 10 | F | 200 (3 séries) | 17 H 00 | | | | | M | | | F | |
| 17 H 25 | M | 1500 | | | | | | | | | | |
| 17 H 40 | F | 1500 | 17 H 35 | | F | | F | | | | | |
| 17 H 55 | M | 110 HAIES (106cm) | | | | | | | | | | |
| 18 H 10 | M | 110 HAIES (99 cm) | | | | | | | | | | |
| 18 H 20 | M | 110 HAIES (91 cm) | | | | | | | | | | |
| 18 H 30 | F | 100 HAIES (84 cm) | 18 H 30 | | | | | | | | | |
| 18 H 40 | F | 100 HAIES (76 cm) | 18 H 45 | M | | | | F | | | M | |
| 18 H 55 | M | 100 (3 séries) | 19 H 20 | | | | M | | | | | |
| 19 H 05 | F | 100 (3 séries) | | | | | | | | | | |
| 19 H 25 | M | 3000 ST | | | | | | | | | | |
| 19 H 45 | F | 3000 | | | | | | | | | | |
| 20 H 05 | M | 3000 | | | | | | | | | | |
| 20 H 35 | F | 4x100 (2 séries) | | | | | | | | | | |
| 20 H 45 | M | 4x100 (2 séries) | | | | | | | | | | |
| 21 H 00 | X | 4x400 (2 séries) | | | | | | | | | | |



DIMANCHE 3 MAI 2026 à NOISY LE GRAND

Stade Alain Mimoun, 20 rue Vauban, 93160 Noisy-le-Grand

Championnats Interclubs Elite/N1/N2 - Poule A - Horaires prévisionnels

| 10 H 30 DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | Annexe | |
|---|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | | | | M | F | |
| 11 H 50 | F | 3000 MAR | 11 H 50 | | M | | | | | | |
| 12 H 20 | M | 400 HAIES (2 finales) | 12 H 15 | | | | | | | | |
| 12 H 35 | F | 400 HAIES (2 finales) | 12 H 30 | F | | M | | | F | | |
| 12 H 45 | M | 400 (2 finales) | | | | | | | | | |
| 13 H 00 | F | 400 (2 finales) | 13 H 00 | | | | F | | | | |
| 13 H 15 | M | 800 (1 finale) | 13 H 20 | | | | | | | | |
| 13 H 20 | F | 800 (1 finale) | 13 H 35 | | | | | | | M | |
| 13 H 40 | M | 200 (2 finales) | | | | | | | | | |
| 13 H 50 | F | 200 (2 finales) | 14 H 05 | | | | | | | | |
| 14 H 10 | M | 1500 | 14 H 30 | | F | | | F | | | M |
| 14 H 20 | F | 1500 | 14 H 45 | | | F | | | | | |
| 14 H 40 | M | 110 HAIES (2 finales) | | | | | | | | | |
| 14 H 55 | F | 100 HAIES (2 finales) | 15 H 00 | | | | M | | | | |
| 15 H 15 | M | 100 (2 finales) | | | | | | | | | |
| 15 H 25 | F | 100 (2 finales) | 15 H 40 | M | | | | | | | |
| 15 H 45 | F | 2000 ST | 15 H 50 | | | | | M | | | F |
| 16 H 05 | M | 3000 ST | | | | | | | | | |
| 16 H 25 | F | 3000 | | | | | | | | | |
| 16 H 45 | M | 3000 | | | | | | | | | |
| 17 H 15 | F | 4x100 (2 finales) | | | | | | | | | |
| 17 H 25 | M | 4x100 (2 finales) | | | | | | | | | |
| 17 H 40 | F | 4x400 (2 finales) | | | | | | | | | |
| 17 H 50 | M | 4x400 (2 finales) | | | | | | | | | |



Dimanche 3 mai 2026 à MAISONS-ALFORT

Stage Auguste DELAUNE - Rue du 11 novembre 1918 94700 MAISONS-ALFORT

Championnats Interclubs Elite/N1/N2 - Poule B - Horaires prévisionnels

| 10 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | Annexe | Annexe | Annexe | |
|---------|---|-----------------------|----------|---------|--------|----------|--------|--------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| | | | 10 H 30 | | | F | | F | M | | |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | | | | | | M |
| 11 H 50 | F | 3000 MAR | 12 H 00 | | M | | M | | | | |
| 12 H 20 | M | 400 HAIES (3 finales) | | | | | | | | | |
| 12 H 35 | F | 400 HAIES (3 finales) | 12 H 35 | F | | | | | F | | |
| 12 H 45 | M | 400 (3 finales) | | | | | | | | | |
| 13 H 00 | F | 400 (3 finales) | | | | | | | | | |
| 13 H 15 | M | 800 (2 finales) | 13 H 10 | | | M | | M | | | |
| 13 H 20 | F | 800 (2 finales) | | | | | | | | | |
| 13 H 40 | M | 200 (3 finales) | 13 H 45 | | | | | | | | |
| 13 H 50 | F | 200 (3 finales) | 13 H 50 | | | | F | | | | F |
| 14 H 10 | M | 1500 | | | | | | | | | |
| 14 H 20 | F | 1500 | 14 H 25 | | | | | | | M | |
| 14 H 40 | M | 110 HAIES (3 finales) | | | | | | | | | |
| 14 H 55 | F | 100 HAIES (3 finales) | 14 H 55 | M | F | | | | | | |
| 15 H 15 | M | 100 (3 finales) | | | | | | | | | |
| 15 H 25 | F | 100 (3 finales) | | | | | | | | | |
| 15 H 45 | F | 2000 ST | | | | | | | | | |
| 16 H 05 | M | 3000 ST | | | | | | | | | |
| 16 H 25 | F | 3000 | 16 H 30 | | | | | | | F | |
| 16 H 45 | M | 3000 | | | | | | | | | |
| 17 H 15 | F | 4x100 (2 finales) | | | | | | | | | |
| 17 H 25 | M | 4x100 (2 finales) | | | | | | | | | |
| 17 H 40 | F | 4x400 (2 finales) | | | | | | | | | |
| 17 H 50 | M | 4x400 (2 finales) | | | | | | | | | |

7 équipes - 6 couloirs (v1 du 31/02/2026)

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DIMANCHE 3 MAI 2026 à FRANCONVILLE

Stade Jean Rolland, 80 Avenue des Marais, 95130 Franconville

Championnats Interclubs Elite/N1/N2 - Poule C - Horaires prévisionnels

| 10 H 00 DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | Annexe | Annexe | |
|---|---|-----------------------|----------|---------|--------|----------|--------|-------|---------|--------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Javelot | Disque | Marteau |
| | | | 10 H 30 | | | | | | | M | |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | F | | | | | |
| 11 H 50 | F | 3000 MAR | 11 H 30 | | M | | | | F | | |
| 12 H 20 | M | 400 HAIES (2 finales) | 12 H 20 | F | | | | | | | |
| 12 H 35 | F | 400 HAIES (2 finales) | 12 H 30 | | | | | | | F | |
| 12 H 45 | M | 400 (2 finales) | | | | | | | | | |
| 13 H 00 | F | 400 (2 finales) | | | | | | | | | |
| 13 H 15 | M | 800 (1 finales) | | | | | | | | | |
| 13 H 20 | F | 800 (1 finales) | 13 H 20 | | | M | | | | | |
| 13 H 40 | M | 200 (2 finales) | 13 H 40 | | | | | F | | | |
| 13 H 50 | F | 200 (2 finales) | 14 H 05 | | | | | | M | | |
| 14 H 10 | M | 1500 | | | | | | | | | M |
| 14 H 20 | F | 1500 | 14 H 20 | | F | | | | | | |
| 14 H 40 | M | 110 HAIES (2 finales) | 14 H 40 | | | | F | | | | |
| 14 H 55 | F | 100 HAIES (2 finales) | 14 H 50 | | | | | | | | |
| 15 H 15 | M | 100 (2 finales) | 15 H 00 | M | | | | | | | |
| 15 H 25 | F | 100 (2 finales) | | | | | | | | | |
| 15 H 45 | F | 2000 ST | 15 H 55 | | | | | M | | | |
| 16 H 05 | M | 3000 ST | 16 H 10 | | | | | | | | |
| 16 H 25 | F | 3000 | 16 H 30 | | | | M | | | | F |
| 16 H 45 | M | 3000 | 16 H 40 | | | | | | | | |
| 17 H 15 | F | 4x100 (2 finales) | 16 H 50 | | | | | | | | |
| 17 H 25 | M | 4x100 (2 finales) | 17 H 10 | | | | | | | | |
| 17 H 40 | F | 4x400 (2 finales) | | | | | | | | | |
| 17 H 50 | M | 4x400 (2 finales) | | | | | | | | | |

(7éq-8coull) v1 - 31/03/2026

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DIMANCHE 3 MAI 2026 à Aulnay-sous-Bois

Stade du Moulin Neuf, 4 Avenue du Maréchal Juin, 93600 AULNAY-SOUS-BOIS

Championnats Interclubs Lifa - Nationale 3 - Poule B

| 10 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | Annexe | Annexe | | |
|---------|---|----------------------|----------|---------|--------|----------|--------|--------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| | | | 10 H 30 | | | | | | F | | |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | F | | M | | | |
| 11 H 50 | F | 3000 MAR | 11 H 30 | | M | | | | | | |
| 12 H 20 | M | 400 HAIES (3 séries) | 12 H 20 | | | | | | | | |
| 12 H 40 | F | 400 HAIES (3 séries) | 12 H 30 | | | | M | | M | | F |
| 12 H 55 | M | 400 (3 séries) | 12 H 50 | F | | | | | | | |
| 13 H 15 | F | 400 (3 séries) | 13 H 15 | | | | | | | | |
| 13 H 30 | M | 800 (2 séries) | | | | | | | | | |
| 13 H 50 | F | 800 (2 séries) | 13 H 35 | | | | | | | | |
| 14 H 00 | M | 200 (3 séries) | 13 H 45 | | | M | | | | | |
| 14 H 20 | F | 200 (3 séries) | 14 H 10 | | | | | F | | | |
| 14 H 35 | M | 1500 | 14 H 20 | | | | | | | F | |
| 14 H 50 | F | 1500 | 14 H 35 | | F | | | | | | |
| 15 H 05 | M | 110 HAIES (106cm) | 14 H 45 | | | | | | | | |
| 15 H 20 | M | 110 HAIES (99 cm) | 15 H 05 | | | | F | | | | |
| 15 H 30 | M | 110 HAIES (91 cm) | 15 H 20 | | | | | | | | |
| 15 H 40 | F | 100 HAIES (84 cm) | 15 H 45 | M | | | | | | | M |
| 15 H 55 | F | 100 HAIES (76 cm) | 16 H 00 | | | | | | | | |
| 16 H 10 | M | 100 (3 séries) | 16 H 15 | | | | | | | M | |
| 16 H 20 | F | 100 (3 séries) | 16 H 40 | | | | | | | | |
| 16 H 40 | M | 3000 ST | | | | | | | | | |
| 17 H 00 | F | 3000 | | | | | | | | | |
| 17 H 20 | M | 3000 | | | | | | | | | |
| 17 H 50 | F | 4x100 (2 séries) | | | | | | | | | |
| 18 H 00 | M | 4x100 (2 séries) | | | | | | | | | |
| 18 H 15 | X | 4x400 (2 séries) | | | | | | | | | |



DIMANCHE 3 MAI 2026 à SAVIGNY SUR ORGE

Stade Jean Moulin, 33 Avenue de l'Armée Leclerc, 91600 SAVIGNY SUR ORGE

Championnats Interclubs Lifa - Régionale

Les épreuves de Marteaux seront délocalisées le samedi 2 mai 2026

à Palaiseau - Stade Collet, 43 Rue Georges Sand, 91120 PALAISEAU

| | | | | | | | | | | Palaiseau Samedi | | |
|---------|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------------------|---------|--|
| 14 H 00 | | | | | | | | | | | M | |
| 16 H 00 | | | | | | | | | | | F | |
| 10 H 30 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | | Javelot | |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | F | | M | | | | |
| 11 H 50 | F | 3000 MAR | 11 H 30 | | M | | | | F | | | |
| 12 H 20 | M | 400 HAIES (3 finales) | 12 H 20 | | | | | | | | | |
| 12 H 40 | F | 400 HAIES (3 finales) | 12 H 30 | | | | M | | | | M | |
| 12 H 55 | M | 400 (3 finales) | 12 H 50 | F | | | | | | | | |
| 13 H 15 | F | 400 (3 finales) | 13 H 15 | | | | | | | | | |
| 13 H 30 | M | 800 (2 finales) | | | | | | | | | | |
| 13 H 50 | F | 800 (2 finales) | 13 H 35 | | | | | | | | | |
| 14 H 00 | M | 200 (3 finales) | 13 H 45 | | | M | | | | | | |
| 14 H 20 | F | 200 (3 finales) | 14 H 10 | | | | | F | | | | |
| 14 H 35 | M | 1500 | 14 H 20 | | | | | | | | | |
| 14 H 50 | F | 1500 | 14 H 35 | | F | | | | M | | | |
| 15 H 05 | M | 110 HAIES (106cm) | 14 H 45 | | | | | | | | | |
| | M | 110 HAIES (99 cm) | | | | | | | | | | |
| | M | 110 HAIES (91 cm) | | | | | | | | | | |
| 15 H 35 | F | 100 HAIES (84 cm) | 15 H 05 | | | | F | | | | | |
| | F | 100 HAIES (76 cm) | | | | | | | | | | |
| 16 H 10 | M | 100 (3 finales) | 15 H 20 | M | | | | | | | | |
| 16 H 20 | F | 100 (3 finales) | 15 H 45 | | | | | | | | F | |
| 16 H 40 | M | 3000 ST | 16 H 00 | | | | | | | | | |
| 17 H 00 | F | 3000 | 16 H 30 | | | | | | | | | |
| 17 H 20 | M | 3000 | | | | | | | | | | |
| 17 H 50 | F | 4x100 (2 finales) | | | | | | | | | | |
| 18 H 00 | M | 4x100 (2 finales) | | | | | | | | | | |
| 18 H 15 | X | 4x400 (2 finales) | | | | | | | | | | |